

*Annual progress Report of*

*Sister Nivedita Memorial Trust*

*Patna*

*For the Year*

**2019-20**

## **ORGANIZATION PROFILE**

|  |  |
|--|--|
| <b>Name of Organization –</b>          | <b>Sister Nivedita Memorial Trust</b>  |
| <b>Registered Address -</b>            | <b>Mirdula Bhawan, Indira Lane,<br/>New Jakkanpur, Patna, Bihar</b>  |
| <b>Registered Under -</b>              | <b>Society Registration Act XXI 1860,<br/>Through Department of Registration,<br/>Govt. of Bihar</b>   |
| <b>Registration number -</b>           | <b>133/Dated 11/08/1980</b>  |
| <b>FCRA Registration Number -</b>      | <b>031170081-87</b>  |
| <b>Income Tax Registration -</b>       | <b>Registered Under 80 G and 12 A</b>  |
| <b>Geographical Area -</b>             | <b>Bihar</b>   |
| <b>Area in which NGO Work -</b>        | <b>Health Sector specially in Drug<br/>Abuse and HIV/AIDS Prevention</b>   |
| <b>Name of Funding Agency –</b>        | <b>Ministry of Social Justice &amp;<br/>Empowerment, Govt. of India and<br/>National Aids Control Organization<br/>Govt. of India &amp; Bihar state Aids<br/>Control Society, Patna, Bihar</b> |
| <b>Member of Executive Committee -</b> | <b>13 Members at Present</b>   |
| <b>Chief Functionary -</b>             | <b>Amar Kumar Singh</b>  |
| <b>Mobile Number -</b>                 | <b>9430964179</b>  |
| <b>Email id -</b>                      | <b>snmt51@gmail.com</b>  |
| <b>Programmes Run -</b>                | <b>Integrated Rehabilitation Centre for<br/>Addicts<br/>Targeted Intervention Project</b>  |

## **Vision of organization**

**Sister Nivedita Memorial Trust is to grow into a Community based organization par excellence for the people centered development Programme, Activities & Institutional Capacity Building.**

## **Priority**

**The Priorities of Sister Nivedita Memorial Trust are to support the Poorest People and communities in helping themselves especially through education,improvement of environment,Income generation Programme,rural development Programme and treatment of Drug Abuse ,HIV/AIDS and other illness etc.**

## **Mission-**

**The Mission of SNMT is to support the Poor,needy People and illiterate community of rural ,urban and semi urban areas as helping them especially through education,aware them from current position and coping them the present situation of the environment,income generation work,treatment,& Health Awareness**

## **To Achieve these Mission :**

**At Present , We are working in the field of Drug Abuse Prevention , HIV/AIDS Prevention area, Health Awareness Programme for Young & Adolscents people at District of Patna & Vaishali .**

**To Implement the Mission, we thanks to all over our members of Executive Body and general members , devotee workers who are giving their services for all needy people of programmes with hope and inspiration . Since our last reports, much Progress has been done ,we have increased our activities and our Targeted area. We feel proud of our devotee workers and most grateful to all donors and well wishers who supported us in smooth implementation of the Programme.**

## PROGRAMMES IMPLEMENTED IN YEAR 2019- 20

### A. DRUG ABUSE PREVENTION PROGRAMME

Sister Nivedita Memorial Trust is running a Integrated Rehabilitation Centre for Addicts at Patna with the help of Ministry of Social Justice & Empowerment since April 2013. . Due to Human Care and Service of Medical Officer & Nurses, Counsellor and all Concern of the Centre, nearly 60% Addicts were got fully cured of Dependency. The Ministry officials, State Govt. Officers, RRTC's officers inspected the Centre in regular interval and Appreciated its working. We are providing Nutritional support, Counseling services, Yoga, Entertainment, Follow up services, Awareness Programmes, rehabilitation , referral service among drug effected youths of aged 18 & above .

During small spell from 1<sup>st</sup> April,2019 to 31<sup>st</sup> March 2020, 142 Drug Addicts has Treated at with Encouraging and hopeful Result at Prerna Integrated Rehabilitation Centre for Addicts at Patna. We have given different Services under this Programme which are as follows:-

| Services                         | No. of Beneficiaries |
|----------------------------------|----------------------|
| Patient Admitted in Centre       | 142                  |
| Individual Counseling Done       | 903                  |
| Group Counseling Session Done    | 256                  |
| Family Counseling session Done   | 206                  |
| Group Therapy Session Done       | 50                   |
| Re-Educative Sessions            | 256                  |
| Awareness Programme              | 12                   |
| Follow up made by Social Worker  | 470                  |
| Rehabilitation made for Patients | 64                   |
| Case Referred                    | 00                   |

The other Details of Admitted Indoor Clients of the Centre is as follows:-

The Category of Drug taking is as follows:-

| Name of Drug Used    | No. of Clients |
|----------------------|----------------|
| Alcohol              | 35             |
| Cannabis             | 38             |
| Sedatives            | 02             |
| Multiple Drug User   | 10             |
| Brown Sugar          | 39             |
| Volatile Solvents    | 12             |
| Injecting Drug Users | 05             |
| Others               | 01             |

The Marital Status of Indoor Clients are as follows:-

| Marital Status | No. of Clients |
|----------------|----------------|
| Married        | 68             |
| Unmarried      | 70             |
| Separated      | 03             |
| Widower        | 01             |

The Educational Background of Clients are as follows:-

| <b>Educational background</b> | <b>No. of Clients</b> |
|-------------------------------|-----------------------|
| Illiterate                    | 12                    |
| Literate                      | 06                    |
| Primary                       | 19                    |
| Middle                        | 19                    |
| Higher Secondary              | 63                    |
| Graduate                      | 20                    |
| Post Graduate                 | 01                    |
| Professional Trained          | 03                    |

In our centre, the Occupational background of Admitted Clients are as follows:-

| <b>Occupational Background</b> | <b>No. of Clients</b> |
|--------------------------------|-----------------------|
| Currently Unemployed           | 14                    |
| Students                       | 31                    |
| Never Employed                 | 37                    |
| Full Time Employed             | 17                    |
| Part Time Employed             | 01                    |
| Self Employed                  | 41                    |

We are imparting our programme of treating the Drug Addicts through the following service provider of our centre:-

**Social Worker and Peer Educator-** They detect the Addiction prone Area probe out the addicts. They regularly meet with their guardian and prevail upon them by counseling to bring the Addicts at our centre for indoor Treatment.

**Medical Officers and Psychologist-** They Examine and Advise their Medicinal and Their Clinical Treatment with Sympathically, Parental love and Care.

**Counselor-** They Counsel the Addicts daily to infuse in them Courage Determination with Confidence. So that, they learn to Refrain themselves from habit of Drug De-Addiction. They also counsel the Family Members of the Clients regularly.

**Project Director-** The duty of Project in-charge to manage the Centre Smoothly. They are in Contact with Service providers of the Centre and with the Clients and his family Member.

**Nurses-** They Serves the indoor patients of Drug Addicts day in and day out with motherly, Pity Sympathy, love and care.

**Ward Boy/Chowkidar-** They Guard the Indoor Patients and serve them 24 hrs with Humanity and with Strict Vigilance upon each of the Addicts.

**Yoga Therapist-** The Yoga Therapist teaches about Yoga Everyday. He comes and does the Practice of Yoga among Drug Addicts to Speedy Recovery of the Drug Illness.

**Accountant-** The Accountant had the Duty to Check and maintain the Daily Expense of the Centre. He also Maintains the Cash Book, Audit Sections and other Misc. Work of the Centre.

**Sweeper-** They Clean the Wards daily for the Indoor Patients, they also clean the Centre Premise Everyday.

During this Year, most of the Admitted patients are from Narcotics (Brown Sugar), IDU's Multi Users and Cannabis Group. The patients have come for the treatment from different location of Patna and Outside Area. The method of their Drug taking are mainly Oral & Injecting. We have done different Counseling during this period, in which Addicts and their family Member participated. We have done also Rehabilitation Programme for Addict. We have given Family Rehabilitation for Clients.

### **The work done in Prevention Education/Awareness Programme**

We have organized Awareness Programme, Education for Prevention for HIV/AIDS, Drug Abuse at Different location for Patna and Near by Location. This Year, our main aim was to Aware the People of Slum Area of Patna District regards Prevention of Drug Abuse & HIV/AIDS because they have low literacy level and they are in high risk zone rather than People of Urban Area. We have organized Educational Sessions in some schools of Patna regarding Drug Abuse Prevention.

### **B. HIV/AIDS AWARENESS PREVENTION PROGRAMME:-**

We have also run Targeted Intervention Project with the help of Bihar Sate AIDS Control Society, Patna, Bihar for 400 IDUs in Patna this year also. We have done HIV/AIDS intervention among them in broad way and still it is going on. We have got very good Support from Community and General People of that area for this Noble Cause. We have given different Services among High Risk Group People this year which are mentioned below:

| <b>Services</b>                              | <b>No. of HRGs</b> |
|--|--------------------|
| Registration of HRG                          | 888                |
| Drop Out of HRG                              | 467                |
| Active Population                            | 421                |
| New HRG Registration                         | 156                |
| New OST Registration                         | 17                 |
| Total OST Registration                       | 213                |
| OST Active                                   | 110                |
| OST Recovered                                | 39                 |
| One to One Meeting                           | 392                |
| Regular Contact                              | 356                |
| DIC Attendance of HRGs                       | 1452               |
| Clinical Treated (RMV+STI+Abscess)           | 268                |
| HIV Testing through ICTC                     | 741                |
| RPR (Syphilis Testing Through ICTC           | 719                |
| HIV Positive Linked in ART                   | 1                  |
| No. of Needle/Syringe Distributed among HRGs | 148322             |
| No. of Needle/Syringe Returned               | 85424              |
| Condom Distribution                          | 40135              |

We are doing Targeted Intervention project in East Patna in Which we are covering Gandhi Maidan to Patna City. We are doing this Interventions Programme in 16 Hot Spots where HRGs are doing injecting practices. In these areas, our Social Workers are going in regular intervals and giving different services to HRGs as per their Need according to NACO Guideline. Among 400 IDUs the Percentage of Injecting Practices is as below:

|               |     |
|---------------|-----|
| Low Volume    | 04  |
| Medium Volume | 201 |
| High Volume   | 76  |

The Details of Employment Status is as follows:-

| <b>Employment Status</b> | <b>total</b> |
|--------------------------|--------------|
| Unemployed               | 35           |
| Employed                 | 386          |
| Partially Employed       | 00           |

The Details of Education is as follows:-

| Education        | Total |
|------------------|-------|
| Illiterate       | 122   |
| Primary          | 216   |
| Secondary        | 83    |
| Higher Secondary | 00    |

Meeting Conducted is as follows:-

| Meetings            | No. of Meetings |
|---------------------|-----------------|
| Advocacy Meeting    | 12              |
| Hot Spot Meeting    | 48              |
| DIC Meeting         | 24              |
| Review Meeting      | 47              |
| Stakeholder Meeting | 12              |

Generally, the IDUs are taking Drugs in Injecting Mode. The injections which are taking are Fortwin, Lupegesics, Ketamin, Avtonogesics, Phenargan, Norphine.

## PHOTO AT A GLANCE







